

18th ACCN

Course of Clinical Nutrition

27-29 March 2026

Sarajevo, Bosnia and Herzegovina

Venue: Hotel Holiday Sarajevo



Contact information
mirela.l@gate4.ba

Welcoming Remarks

Dear Colleagues,
Dear Friends,

On behalf of the Bosnian Society for Enteral and Parenteral Nutrition (BHSPEN), we cordially invite you to the **18th ACCN Course in Clinical Nutrition**, which will be held in Sarajevo, Bosnia and Herzegovina, from the 27th to the 29th of March 2026.

Over nearly two decades, the **Adriatic Club of Clinical Nutrition (ACCN)** has become a vibrant regional network devoted to improving nutritional care across the Adriatic and Southeastern European region. The annual ACCN courses in clinical nutrition has established a long-standing tradition of fostering education and collaboration of young healthcare professionals in the field of clinical nutritional therapy.

This year's course continues the tradition - through lectures and case-based discussions, we aim to inspire the next generation of practitioners to integrate nutritional therapy into daily patient care.

We look forward to your participation, with the opportunity to learn, but also to meet with friends and colleagues from all over Europe. See you in Sarajevo!

Sincerely,

Aida Saray
Chair, BHSPEN

Local Organizing Committee

ass. prof. Aida Saray, MD, PhD
Sanjin Glavaš, MD
Emir Sokolović, MD
Nedim Vanis, MD
Ajla Buljubašić, MD

ACCN Executive Committee

Osman Abbassoglu (Türkiye) Chairman
Mihailo Bezmarević (Serbia)
Michael Chourdakis (Greece)
Ioanna Marina Grințescu (Romania)
Elina Ioannou (Cyprus)
Regina Komsa (Bulgaria)
Željko Krznarić (Croatia)
Dušanka Novosel (Montenegro)
Luka Puzigaća (Slovenia)
Aida Saray (Bosnia & Herzegovina)
Kalina Grivčeva-Stardelova (North Macedonia)
Peter Tamasi (Hungary)



ACCN COURSE

DAY 1 / FRIDAY, 27 MARCH 2026

VENUE: HOTEL HOLIDAY SARAJEVO

- 14:30 Arrival & Registration
- 15:30 Welcoming Session
- Welcome to the ACCN Course in Clinical Nutrition
ACCN Chairman,
Osman Abbasoglu
- Welcome address from ESPEN Chairman,
Stanislaw Klek
- Welcome address from the Local Chair,
Aida Saray

SCIENTIFIC PROGRAM

Session I - Evolution of Clinical Nutrition

Chair: Marina Panišić Sekeljić, Osman Abbasoglu

- 16:00 From Food to Therapy: The Birth of Clinical Nutrition
Marina Panišić Sekeljić (Serbia)
- 16:20 Malnutrition Diagnosis: From Traditional Tools to GLIM Criteria
Remy Meier (Switzerland)
- 16:40 ESPEN Guidelines and ERAS: Translating Evidence into Practice
Stanislaw Klek (Poland)
- 17:00 Microbiota in Health and Disease
Željko Krznarić (Croatia)
- 17:20 - 17:40 Coffee break

Session II - Nutrition and Chronic Disease

Chair: Kalina Grivčeva-Stardelova, Aida Saray

- 17:40 Western vs Mediterranean Diet
Zlatan Mujagić (Netherlands)
- 18:00 Sarcopenia and Body Composition Changes in Chronic Disease: Assessment and Treatment
Michael Chourdakis (Greece)
- 18:20 Nutritional support in Chronic Liver Disease
Alastair Forbes (United Kingdom)
- 18:40 Combining Exercise with Nutrition as Part of Chronic Disease Treatment
Nada Rotovnik Kozjek (Slovenia)
- 19:00 Q&A
- 19:30 Dinner for participants (Hotel restaurant)
- 20:00 Faculty Dinner

ACCN COURSE

DAY 2 / SATURDAY, 28 MARCH 2026

Session III - Basics in Clinical Nutrition

Chair: Remy Meier, Regina Komsa

- 08:30 Assessing Nutritional Risk: Seeking the Standard
Kalliopi-Anna Poulia (Greece)
- 08:50 Enteral Nutrition: Indications, Route and Timing
Aida Saray (Bosnia&Herzegovina)
- 09:10 A Guide to Parenteral Nutrition
Osman Abbasoglu (Türkiye)
- 09:30 Building up a Nutrition Support Team
Elina Ioannou (Cyprus)
- 09:50 Case presentation I
Nedim Vanis, Mihailo Bezmarević
- 10:20 Q&A
- 10:30 - 11:00 Coffee Break

Session IV - Nutrition in GI related Diseases

Chair: Nada Rotovnik Kozjek, Mihailo Bezmarević

- 11:00 Nutrition in Acute Pancreatitis
Remy Meier (Switzerland)
- 11:20 Nutrition in Inflammatory Bowel Disease
Kalina Grivčeva-Stardelova (North Macedonia)
- 11:40 Nutrition as Therapy in Pediatric IBD
Dušanka Novosel (Montenegro)
- 12:00 Short Bowel
Alastair Forbes (United Kingdom)
- 12:20 Home Parenteral Nutrition
Stanislaw Klek (Poland)

- 12:40 Case presentation II
Alastair Forbes, Emir Sokolović

- 13:00 - 14:00 Lunch Break

Session V - Nutrition in Critical and Perioperative Care

Chair: Kalliopi-Anna Poulia, Luka Puzigaća

- 14:00 Nutritional Risk Assessment in the ICU: From Screening to Prescription
Peter Tamasi (Hungary)
- 14:20 Nutrition Support in Critically Ill- Current Trends
Raluca Ungureanu (Romania)
- 14:40 Cancer Cachexia: Nutritional Management
Luka Puzigaća (Slovenia)
- 15:00 Perioperative Nutritional Care
Mihailo Bezmarević (Serbia)
- 15:20 Refeeding Syndrome: Prevention and Management
Pencho Tonchev, Bulgaria
- 15:40 Q&A
- 16:00 - 16:30 Coffee Break
- 16:30 Final Exam**
- 17:30 Certificate distribution**
- 18:00 - 18:45 ACCN Members Meeting
- 18:00 - 18:45 ACCN Youth Network Meeting
- 20:00 Dinner

ACCN COURSE

DAY 3 / SUNDAY, 29 MARCH 2026

Session VI- Personalised Nutritional Support

Chair: Dušanka Novosel, Peter Tamasi

09:00	Nutritional Strategies to Reduce the Burden of Irritable Bowel Syndrome Zlatan Mujagić (Netherlands)
09:20	Nutrigenomics Emir Sokolović (Bosnia&Herzegovina)
09:40	LLL Global Nutritional Education Program Regina Komsa (Bulgaria)
10:00 - 10:30	Coffee break
10:30 - 14:00	LLL Course Module 26: Nutritional Support in Cancer LLL teacher: Luka Puzigaća, Nada Rotovnik Kozjek, Gašper Tonin
10:30	Nutritional and Metabolic Consequences of Cancer and its Treatments
11:00	Nutritional Treatment Strategies in Cancer Patients
11:30	Physical Activity and Exercise Training in Cancer Patients
12:00	Multimodal Care
12:30 - 14:00	Case Presentation, Evaluation & Test

Faculty

Osman Abbassoglu (Türkiye)
Mihailo Bezmarević (Serbia)
Stavroula Chaloulakou (Greece)
Michael Chourdakis (Greece)
Alastair Forbes (United Kingdom)
Ioanna Marina Grințescu (Romania)
Kalina Grivčeva-Stardelova (North Macedonia)
Elina Ioannou (Cyprus)
Stanislaw Klek (Poland)
Regina Komsa (Bulgaria)
Željko Krznarić (Croatia)
Rémy Meier (Switzerland)
Zlatan Mujagić (Netherlands)
Dušanka Novosel (Montenegro)
Marina Panišić Šekeljić (Serbia)
Kalliopi-Anna Poulia (Greece)
Luka Puzigaća (Slovenia)
Nada Rotovnik Kozjek (Slovenia)
Aida Saray (Bosnia & Herzegovina)
Emir Sokolović (Bosnia & Herzegovina)
Peter Tamasi (Hungary)
Pencho Tonchev (Bulgaria)
Raluca Ungureanu (Romania)
Nedim Vanis (Bosnia & Herzegovina)

General information

DATE

March 27-29, 2026

VENUE

Hotel Holiday Sarajevo

Zmaja od Bosne 4 Sarajevo

<https://www.hoteleuropegroup.ba/en/hotel-holiday/>

OFFICIAL LANGUAGE

English

APPLICATIONS

Physicians of all specialties and medical staff - dietitians, nutritionists, pharmacists, and nurses—interested in clinical nutrition may apply to participate in the course.

APPLICATION procedure

Each PEN society should send us names of 3 participants and their contact emails to sarayaida19@gmail.com and mirela.l@gate4.ba

Participation is free of charge and includes access to all lectures and meals.

Deadline: 20 February 2026

ACCOMMODATION

Participants are responsible for their own travel and accommodation expenses. If you would like to reserve a room at the Hotel Holiday Sarajevo, the following rates apply:

ROOM TYPE	EUR	BAM
STANDARD SINGLE USE	88.50 €ur	173.10 BAM
STANDARD DOUBLE USE	56.50 €ur	110.50 BAM
SUPERIOR SINGLE USE	98.50 €ur	195.65 BAM
SUPERIOR DOUBLE USE	64.50 €ur	126.15 BAM

Service: Bed & Breakfast. Prices are per person per night and include VAT and the tourist tax!

For accommodation reservation and payment at Hotel Holiday, please contact us at mirela.l@gate4.ba



Hotel Holiday Sarajevo